

T R O O P 1 1 4

C O L D W E A T H E R

C L O T H I N G & G E A R

Cold weather clothing consists of a minimum of 3 layers:

Wicking layer;
Removes perspiration from your body.

Warmth layer;
Insulates and retains heat.

Wind layer;
Prevents loss of heat due to wind.

THIS SYSTEM WORKS TO TRAP YOUR BODY'S HEAT NEAR YOUR SKIN AND KEEP IT THERE.

No cotton clothing, jeans or tennis shoes are recommended.

Inner Sock - 3 pair &

Long Underwear - 2 pair; This is your **wicking** layer. It removes perspiration from your skin. Materials: Polypropylene, silk or other synthetic fabric.

Shirts - 2 or 3; This is your **warmth** layer. It insulates and keeps heat near your body. Materials: Wool, Polar-Fleece, wool-blend, or synthetic fabrics.

Pants - This is the **warmth** layer of your for your lower body. Materials: Wool with liner, wool-blend, or synthetic fabrics. **NO JEANS!**

Outer Socks - 3 pair; This is the **warmth** layer for your feet. It should be thick to retain heat. Materials: Wool, wool-blend, or synthetic fabrics.

Stocking Hat - 1; This is the **warmth** layer for your head. It should be thick to retain heat. No

earmuffs, baseball hats, bandannas or cowboy hats. Materials: Wool, Polar-Fleece, wool-blend, or synthetic fabrics.

Mittens with Inserts - 2 pair; This is the **warmth & wind** layer for your hands. Mitten shells (GorTex or Leather) with wool or fleece inserts work the best. Gloves do not retain warmth and should not be used.

Boots with Liners - 1 pair of boots, 2 pair of liners. This is your **warmth & wind** layer for your feet.

Parka Type Coat. This is your **warmth & wind** layer. We recommend jackets with a wind/water layer and a removable down or fleece liner.

Sleeping Bag & Pillow

Soap, Toothbrush, Towel, and Lotion

Comfortable Indoor Clothing; loose fitting, warm, to wear indoors.

COLD WEATHER CAMPING GEAR

Flashlight

Camera

Sunglasses

Hand warmers

Chapstick

Boy Scout Handbook

Rain Gear

Scarf or Neck Gaiter